

Philippians 4:6-7
“Getting Heard” A sermon Series on Prayer
Community Group Questions August 21, 2022

Open: Read Philippians 4:1-9; read v. 6-7 especially slow 3 times

1. Share a time when you felt particularly anxious. What circumstances contributed to that anxiety?

Dig:

1. In v. 6 Paul is telling the Philippians to stop being anxious! Why do you suppose he added “about anything?” Consider the following scripture as you ponder this: Matt 13:31; Prov 12:25; Psalm 37:1, 7, 8.

2. Notice how many times the word God, Lord, or Jesus are used from v. 1-9. Note especially how many times those terms are used in v. 4-7. Why would he constantly refer to God in this text?

3. Notice the different terms used for prayer in v. 6. Why do you suppose he uses these different terms? What do each of them mean?

4. Notice v. 7. Why do you suppose the peace of God is referenced here? Consider Philippians 1:7, 16-17, 28-29; 2:26; 3:3; 4:2. What was it that Paul is saying would give them peace in the middle of those kinds of situations?

Reflect:

1. How could a prayer filled life offer protection for you right now?

2. Pastor Dave suggested that a prayer filled life consisted of at least three things: (a) Practice celebrating God as God every day v. 4 (b) Keep things in proper perspective v. 5 (c) Obsess over what’s good v. 6, 8-9. Which of these three things are you most inclined to do? How will you do that this week?

3. Take time to pray over each other as a group about those things that are making you all anxious.